

Frontline Mental Health:

Rural School–University–Community–Collaborations

Dr. Loni Crumb, PhD, Licensed Clinical Mental Health Counselor

Community Stress

vs.

Community Resilience & Resourcefulness

Rural communities experience ongoing shortages of professional and educational services (esp. for children). Professionals and residents must be prepared to improve:

- education inequities
- mental health literacy
- access to quality and adequate healthcare
- economic development
- college and career readiness

Rural Cultural Wealth

- Rural Resourcefulness
- Rural Ingenuity
- Rural Familism
- Rural Community Unity

Promoting Wellness

- Rural SUCCs
- School-based Mental Health Services
- Matrix of CARE
- Bounce Back
- School Based Clinicians
- Community Learning Exchanges

School–University–Community

Creating education and career pathways for rural people and communities.

- Increased awareness of supportive services
- Beyond the Individual
- Identify Community Concerns
- Student and Community Transformation
- Relationship Building
- Capacity and Resource Building
- Decreases Rural Healthcare Provider and Teacher Shortages

